



Missouri WIC Income Guidelines

June 1, 2026

Guidelines reflect gross (pre-tax) income.

Family Size	Annual	Monthly	Twice-Monthly	Bi-Weekly	Weekly
1	\$29,526	\$2,461	\$1,231	\$1,136	\$568
2	\$40,034	\$3,337	\$1,669	\$1,540	\$770
3	\$50,542	\$4,212	\$2,106	\$1,944	\$972
4	\$61,050	\$5,088	\$2,544	\$2,349	\$1,175
5	\$71,558	\$5,964	\$2,982	\$2,753	\$1,377
6	\$82,066	\$6,839	\$3,420	\$3,157	\$1,579
7	\$92,574	\$7,715	\$3,858	\$3,561	\$1,781
8	\$103,082	\$8,591	\$4,296	\$3,965	\$1,983
Each additional family member	Plus \$10,508	Plus \$876	Plus \$438	Plus \$405	Plus \$203

Income guidelines are based on 185% of the poverty level.

Additional information includes:

- Pregnant women may count as two household members.
- Foster children under 5 are automatically eligible for WIC benefits.
- Supplemental Nutrition Assistance Program (SNAP) and Temporary Assistance (TA) participants and participants of qualifying MO HealthNet plans are automatically income-eligible for WIC.